

SALWAN PUBLIC SCHOOL, MAYUR VIHAR
Academic Session: 2026-2027
MID DAY MEAL MENU - July 2026

Date	Day	Food	Dessert/Beverage
7/1/2026	Wednesday	Rajma Rice	Chaach
7/2/2026	Thursday	Aloo Matar Sabji + Chappati	Seasonal Fruit
7/3/2026	Friday	Idli Sambar	Coconut Burfi
7/4/2026	Saturday	Shahi Paneer + Chappati	Fruit
7/5/2026	Sunday	HOLIDAY	
7/6/2026	Monday	Poori + Aloo	Banana
7/7/2026	Tuesday	White Channa + Rice	Sewaiya
7/8/2026	Wednesday	Malai Kofta + Chappati	Chakli
7/9/2026	Thursday	Daal Parantha + Curd	Halwa
7/10/2026	Friday	Vegetable Cutlet + Upma	Biscuit
7/11/2026	Saturday	HOLIDAY	
7/12/2026	Sunday	HOLIDAY	
7/13/2026	Monday	Chole Poori	Banana
7/14/2026	Tuesday	Fried Rice + Manchurian	Lemonade
7/15/2026	Wednesday	Shahi Paneer + Chappati	Fruit Custard
7/16/2026	Thursday	Pao Bhaji	Drink
7/17/2026	Friday	Parantha + Dal Makhani	Ice Cream
7/18/2026	Saturday	Boondi Kadi + Rice	Banana
7/19/2026	Sunday	HOLIDAY	
7/20/2026	Monday	Aloo Paratha + Raita	Corn Salad
7/21/2026	Tuesday	Black Channa + Rice	Energy Drink
7/22/2026	Wednesday	Channa Daal Khichdi + Boondi Raita	Besan Ladoo
7/23/2026	Thursday	Idli Sambar	Banana
7/24/2026	Friday	Rajma Rice	Fruit Custard
7/25/2026	Saturday	Chole Poori	Halwa
7/26/2026	Sunday	HOLIDAY	
7/27/2026	Monday	Kadi Rice	Lemonade
7/28/2026	Tuesday	Vada Sambar	Banana
7/29/2026	Wednesday	Malai Kofta + Chappati	Petha
7/30/2026	Thursday	Matar Kulcha	Biscuit
7/31/2026	Friday	Black Channa + Rice	Tang Drink