

SALWAN PUBLIC SCHOOL,MAYUR VIHAR**Academic Session: 2025-2026****October Mid-Day Meal Menu**

S.No	Date	Day	Food 1	Food 2
1	01.10.2025	Wednesday	HOLIDAY - RAM NAVAMI	
2	02.10.2025	Thursday	HOLIDAY - DUSSEHRA	
3	03.10.2025	Friday	Aloo Soyabean+Chapati	Chakli
4	04.10.2025	Saturday	Vada Sambar	Banana
5	05.10.2025	Sunday	HOLIDAY	
6	06.10.2025	Monday	Rajma Rice	Amla Candy
7	07.10.2025	Tuesday	HOLIDAY - MAHARISHI VALMIKI JAYANTI	
8	08.10.2025	Wednesday	Aloo + Poori	Seasonal Fruit
9	09.10.2025	Thursday	Vegetable Uttapam+ Chutani	Bean Ladoo
10	10.10.2025	Friday	HOLIDAY - KARVA CHAUTH	
11	11.10.2025	Saturday	HOLIDAY	
12	12.10.2025	Sunday	HOLIDAY	
13	13.10.2025	Monday	Lachha Parantha+Dal Makhni	Chhachh
14	14.10.2025	Tuesday	Brown Bread Butter Jam+ Veg Cutlet	Biscuit
15	15.10.2025	Wednesday	Vegetable Pulao +Raita	Seasonal fruit
16	16.10.2025	Thursday	Matar Kulcha	Chakli
17	17.10.2025	Friday	Aloo Soyabean+Chapati	Fruit
18	18.10.2025	Saturday	HOLIDAY - DHANTERAS	
19	19.10.2025	Sunday	HOLIDAY	
20	20.10.2025	Monday	HOLIDAY - DIWALI	
21	21.10.2025	Tuesday	Idli+ Sambar	Chakli
22	22.10.2025	Wednesday	HOLIDAY - GOVARDHAN POOJA	
23	23.10.2025	Thursday	HOLIDAY - BHAI DOOJ	
24	24.10.2025	Friday	Vegetable Noodles	Soup
25	25.10.2025	Saturday	HOLIDAY	
26	26.10.2025	Sunday	HOLIDAY	
27	27.10.2025	Monday	Bread Roll + Corn Salad	Banana
28	28.10.2025	Tuesday	Mix Dal +Rice	Amla Candy
29	29.10.2025	Wednesday	Aloo & Paneer Parantha + Raita	Petha
30	30.10.2025	Thursday	Mix Veg Uttapam +Chutney	Seasonal Fruit
31	31.10.2025	Friday	Fried Rice +Manchurian	Coconut Burfi