

SALWAN PUBLIC SCHOOL, MAYUR VIHAR**Academic Session: 2025-2026****September Mid-Day Meal Menu**

Date	Day	Food	Accompaniments
01.09.25	Monday	Vegetable Sandwich + Upma	Lemonade
02.09.25	Tuesday	Poori Aloo	Fruit
03.09.25	Wednesday	Idli Sambar	Chakki
04.09.25	Thursday	Lady finger + chapatis	Amla Candies
05.09.25	Friday	HOLIDAY	
06.09.25	Saturday	Rajma Rice	Chhach
07.09.25	Sunday	HOLIDAY	
08.09.25	Monday	Shahi paneer + Chapatis	Banana
09.09.25	Tuesday	Pao bhaji	Sprout salad
10.09.25	Wednesday	Veg uttapam + chutney	Fruit
11.09.25	Thursday	Matar Paneer Masala + Chapatis	Lemonade
12.09.25	Friday	Black Chana Rice	Boondi raita
13.09.25	Saturday	HOLIDAY	
14.09.25	Sunday	HOLIDAY	
15.09.25	Monday	Wada Sambar	Banana
16.09.25	Tuesday	Rajma Rice	Milk shake
17.09.25	Wednesday	Daal Makhni + Paratha	Banana
18.09.25	Thursday	Mix veg + Chapatti	Besan laddoo
19.09.25	Friday	Red sauce pasta	Amla candy
20.09.25	Saturday	Malai Kofta Chapati	Pear
21.09.25	Sunday	HOLIDAY	
22.09.25	Monday	Bread Roll + Corn salad	Biscuits
23.09.25	Tuesday	Pindi Chana + Poori	Fruit
24.09.25	Wednesday	Rajma Rice	Chakli
25.09.25	Thursday	Ghiya kofta + Chapatti	Chhach
26.09.25	Friday	Aloo Parantha + Curd	Petha
27.09.25	Saturday	HOLIDAY	
28.09.25	Sunday	HOLIDAY	
29.09.25	Monday	Masala Dosa + Chutney	Banana
30.09.25	Tuesday	Chana daal + Rice	Lemonade