

| Salwan Public School, Mayur Vihar |          |                                 |                |
|-----------------------------------|----------|---------------------------------|----------------|
| MID DAY MEAL MENU- AUGUST 2025    |          |                                 |                |
| Date                              | Day      | Food                            | Accompaniments |
| 01.08.2025                        | Friday   | Aloo Paneer Parantha +Mix Raita | Chakli         |
| 02.08.2025                        | Saturday | Pav Bhaji                       | Seasonal Fruit |
| 03.08.2025                        | Sunday   | HOLIDAY                         |                |
| 04.05.2025                        | Monday   | Uttapam Sambar                  | Banana         |
| 05.08.2025                        | Tuesday  | Green Sandwich + Mix Veg Cutlet | Chhachh        |
| 06.08.2025                        | Wednesd  | Aloo Soyabean+Chapati           | Chakli         |
| 07.08.2025                        | Thursday | Rajma Rice                      | Corn Salad     |
| 08.08.2025                        | Friday   | Pindi Chane + Poori             | Seasonal Fruit |
| 09.08.2025                        | Saturday | HOLIDAY- RAKSHABANDHAN          |                |
| 10.08.2025                        | Sunday   | HOLIDAY                         |                |
| 11.08.2025                        | Monday   | Stuffed Parantha                | Banana         |
| 12.08.2025                        | Tuesday  | Veg Pulao + Boondi Raita        | Seasonal Fruit |
| 13.08.2025                        | Wednesd  | Lachha Parantha+Dal Makhni      | Chhachh        |
| 14.08.2025                        | Thursday | Tri Colour Sandwich+ Veg cutlet | Besan laddoo   |
| 15.08.2025                        | Friday   | HOLIDAY- INDEPENDENCE DAY       |                |
| 16.08.2025                        | Saturday | HOLIDAY- JANMASHTAMI            |                |
| 17.08.2025                        | Sunday   | HOLIDAY                         |                |
| 18.08.2025                        | Monday   | Chole Rice                      | Amla Candy     |
| 19.08.2025                        | Tuesday  | Vegetable Sandwich+Upma         | Banana         |
| 20.08.2025                        | Wednesd  | Chapati + Malai Kofta           | Seasonal Fruit |
| 21.08.2025                        | Thursday | Idli+ Sambar                    | Chakli         |
| 22.08.2025                        | Friday   | Kadhi Chawal                    | Kheer          |
| 23.08.2025                        | Saturday | HOLIDAY                         |                |
| 24.08.2025                        | Sunday   | HOLIDAY                         |                |
| 25.08.2025                        | Monday   | Matar + Atta Kulcha             | Chhachh        |
| 26.08.2025                        | Tuesday  | Mix Dal + Lachha Parantha       | Banana         |
| 27.08.2025                        | Wednesd  | Veg Pulao + Boondi Raita        | Biscuit        |
| 28.08.2025                        | Thursday | Ghiya Kofta + Chapati           | Corn Salad     |
| 29.08.2025                        | Friday   | Vada+ Sambar                    | Seasonal Fruit |
| 30.08.2025                        | Saturday | Malai Kofta+ Chapati            | Banana         |
| 31.08.2025                        | Sunday   | HOLIDAY                         |                |