

SALWAN PUBLIC SCHOOL, MAYUR VIHAR

Academic Session: 2025-2026

Report on CPD Workshop on Developing TLM's for Foundational years- Jaadui Pitara, BALA and beyond

Topic: Developing TLM's for Foundational years- Jaadui Pitara, BALA and beyond

Day & Date: Wednesday, 21 May 2025

Venue: Salwan Public School, Rajendra Nagar

Teachers involved: Smt. Roma Matharoo, Smt. Anjali Saini, Smt. Akanksha Dehliwal, Smt. Deeksha Mehra, Ms. Shefali Sachdeva, Ms. Rahila Anjum, Ms. Shivanshi Bhardwaj

As part of a SET CPD training 2025-2026, at Salwan Public School, Rajendra Nagar, facilitators took part in an enriching session on Wednesday, 21 May 2025, led by Ms. Sonia Relia, a specialist in activity-based learning. The session, themed 'Developing TLMs for Foundational Years – Jaadui Pitara, BALA and Beyond', focused on creating effective, low-cost Teaching-Learning Materials (TLMs) tailored to the foundational years.



Ms Relia highlighted the importance of delivering age-appropriate instructions—three for younger children and up to five for older ones. She emphasised how establishing patterns in daily routines helps nurture discipline and structure in early learners. Through interactive activities, she engaged facilitators in hands-on TLM creation and demonstrated sustainable, low-cost resource development.

Two key highlights of the session were the introduction of dynamic pocket boards and learning trains. The pocket boards, designed with reusable slots, offer versatility and can be adapted to various themes and subjects such as Maths and Phonics. Facilitators explored ways to integrate these into lessons to support visual and tactile learning. Equally engaging was the collaborative activity around learning trains, where facilitators worked in groups to design these adaptable TLMs. Both interactive and imaginative, they add excitement to foundational classrooms while reinforcing key concepts.



The session concluded with a reflective group activity, where Ms. Relia invited everyone to stand in a circle holding hands, symbolising unity and the varied pace at which children respond to instructions. This simple yet powerful gesture reinforced the session's core message of inclusivity and creativity in early education.

Session equipped facilitators with practical and creative strategies to enhance classroom teaching, while promoting sustainability and joyful learning.

