

**SALWAN PUBLIC SCHOOL, MAYUR VIHAR**  
**Academic Session: 2025-2026**  
**Report on Psychology Conclave 2025**

**Event** : Psychology Conclave 2025

**Day & Date** : Saturday, 05 April 2025

**Venue** : Academic Heights World School, Pitampura

**Presenter** : Prof. (Dr.) Sushil Chandra, Dean, School of Psychology & Education, Rishihood University

Prof. (Dr.) Sudhakar Venukapalli, Advisor, Centre for Innovations in Public Systems (CIPS), Administrative College of India (ASCI), Hyderabad

Prof. (Dr.) Aditya Kumar Gupta, Associate Professor, Department of Philosophy, University of Delhi

Dr. Kanishka Sharma, Assistant Professor, School of Psychology and Education, Rishihood University, Sonipat, Haryana

Prof. (Dr.) Tania Gupta, Dean, School of Education and School of Humanities, Director IQAC, K.R.Mangalam University, Gurugram Haryana

Ms. Rosy Ahuja, Director, Academic Heights World School, Pitampura, Delhi

**Participant:** Smt. Megha Kukreti, PGT Psychology

On Saturday, 05 April 2025, educators and professionals gathered at Academic Heights World School, Pitampura, Delhi, for a thought-provoking Psychology Conclave centered around the theme of understanding psychology through the lens of Indian Knowledge Systems (IKS). The event offered rich insights into integrating ancient Indian wisdom with modern psychological practices.

Prof. (Dr.) Aditya Kumar Gupta, Associate Professor, Department of Philosophy, University of Delhi, delivered a compelling talk

on *"Philosophical Counseling: An Ancient Approach to Modern Well-being."* He highlighted



how traditional Indian philosophical systems can serve as valuable tools for mental health counseling, emphasizing introspection, self-awareness, and holistic well-being.

Prof. (Dr.) Sudhakar Venukapalli, Advisor, Centre for Innovations in Public Systems (CIPS), Administrative College of India (ASCI), Hyderabad, addressed the audience on *“The Rising Mental Health Crisis: A Psychological and Cultural Perspective.”* His session explored the

growing mental health challenges in India and stressed the importance of culturally rooted approaches, integrating both psychological science and indigenous practices.

The conclave served as an enriching platform to bridge modern psychology with India's ancient philosophical and cultural heritage. It inspired attendees to consider holistic approaches to mental wellness rooted in traditional Indian knowledge.

