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REFLECTIONS

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PRINCIPAL SPEAKS...

It is hard to believe that the end of the school year has arrived! The year's end always brings with it a tremendous sense of accomplishment. As the school year comes to a close, our minds and hearts are filled to the brim. So many things have been accomplished this year! Our students have been involved in an extraordinary number of activities. Of course, we should not forget the tremendous amount of learning which has taken place during the year. Together we have learned much and shared experiences that will long remain with us in the years to come. Throughout all of these activities our students have demonstrated great character! The strength of our community and wholehearted passion to make our school a wonderful place of learning for our children primarily but for all makes SALWAN truly a special place. One of the main focus points for our facilitators and students during the 2019-2020 school year has been having a 'growth mindset'. A growth mindset unlocks our ability to learn and grow especially during challenging times. Little did we know how important this growth mindset would be for all of us this year! Because of this experience and our growth mindset, I believe we all will be stronger when we come out on the other side of the COVID-19 Pandemic! History is being written! We hold the pen! Together, we will write the BEST story for our children!

"Creativity now is as important in education as literacy, and we should treat it with the same status."

- Ken Robinson



RASHTRIYA EKTA DIWAS

The school celebrated birth anniversary of Sardar Vallabhbhai Patel as 'Rashtriya Ekta Diwas' (National Unity Day) on 31 October 2019. The purpose of celebration is to re-affirm the inherent strength and resilience of our nation to withstand the actual and potential threats to the unity, integrity and security of our country. To induce the feeling of unity and togetherness, different activities were undertaken by various classes such as Oath - taking, Run for Unity, Prabhat Pheri, March Past and essay/debate competitions of the theme of Sardar Vallabhbhai Patel.



STRESS MANAGEMENT

In today's world, the children are demanded to perform beyond their capacities, be it academics or personal life. Stress Management sessions were taken for students of classes X and XII during 15 November to 13 December 2019 to help them prepare for Pre-Board and Board Exams. The objective was to make students identify the stressors and effectively deal with it. The sessions involved teaching the students about SWOT analysis i.e. strength, weakness, opportunities and threats which would help them improve their coping strategies. It also aimed at discussing the various concepts of stress engagement and techniques to reduce stress like meditation, counting number backward/forward, art, developing hobby, among others.

PLEGDE - VOTER'S VERIFICATION

The existence and successful survival of 'Democracy' in such diverse conditions is the most celebrated fact about our country and constitution is its backbone. To reinforce the significance and importance of voter's registration, a special assembly was organized in Salwan Public School, Mayur Vihar in February 2020. The students were given a lecture by Head of the School stating the importance of Universal Adult Franchise. The students and teachers took an oath that they will encourage their parents and relatives to become vigilant voters by verifying the details on voter's list, so that they can also participate in the democratic process.

**YOUR ATTITUDE DETERMINES
YOUR REACTIONS.....**



STUDENT EXCHANGE PROGRAMME: FRANCE

The French Department organized a Student Exchange Programme to France from 8th November to 19th November 2019 in collaboration with 'Milna organization, wherein 10 students from classes VI-VIII were given the opportunity to experience the exquisite French culture. The integration of the students in the French life was completed by their stay in the French host families whereby they were privileged to get acquainted with the French culture, tradition, etiquettes & cuisines and study in French School "Suger" located in Vaucresson. They also visited famous monuments like Eiffel Tower, Sacre Coeur, Notre Dame, and Champs Elysees which was breathtaking. The memories shall be cherished forever!



ART SURROUNDS US ALL...

CHINESE BRUSH PAINTING EXHIBITION

A Chinese Brush Painting Exhibition was held in our school in the month of December 2019. The exhibition aimed at unveiling a powerful thinking culture through art. It depicted how our curricula have the potential to develop an imaginative and creative intellect in our children.



The art forms of China have varied throughout its ancient history, but still contain a high degree of continuity. All the artifacts on display were the handiwork of the students which were made from indigenous products as handmade paper, wood, canvas, scrolls, umbrellas, fans, plates etc. The exhibition has helped in opening a powerful research-based culture through Art.



DEWORMING

As per the direction of Child Health Division, Mo HFW, Govt. of India, the First phase of school based Biannual National Mass De-worming program was implemented in Delhi on 10th Feb 2020. All students from class II to class XII, were administered a single dose of chewable Tablet 'Albendazole 400 mg' in the presence of their respective class teachers. The students with epilepsy, diarrhea, fever and those on long term treatment were not administered this medicine. The program was conducted successfully. No adverse case was reported.



CSIR - IGBI VISIT

Class XI medical students attended CSIR-IGBI outreach programme at CSIR, Mathura Road and interacted with scientists to get a taste of the excitement of scientific research on 2 December 2019. They got an opportunity to visit and look at the world class infrastructure of these labs. Students visited the Labs of Biotechnology where they were familiarised with the research equipment such as Autoclaves, Centrifuge machines, Spectrophotometers, electron microscopes such as Transmission and Scanning. The students, accompanied by Ph.D. scholars, were taken on a guided tour of the facilities at IGIB. They also watched science related movies and engaged with Ph.D. scholars in discussions. A dedicated space of 1500 sq ft. was converted into an exhibition area with stalls designed around specific themes. The stalls incorporated simple concepts drawn from the school curriculum. The students got a good exposure of the various areas of research and infra-structure available in these world- class laboratories.



CBSE NATIONAL LEVEL SCIENCE EXHIBITION



Two students Vaishnavi Sinha and Khusagra Khanna of class XI received participation certificate in CBSE National level Science Exhibition under the subtheme 'Sustainable Agricultural Practices' at Sun Valley School, Gurugram held between 16 January to 18 January. The model has a practical approach of monitoring the water supply and fertilization distribution by using the best application of present technology. It could be applied to the many existing farms of the country with proper setting up of the apparatus and can be easily used by the farmer itself making it much feasible and viable option, saving a lot of wastage of resource in real time and can be distantly controlled as well. This system can be used for organic farming and will help improve the yield too.

EDUCATION CONCLAVE - 2019



The school principal, Ms Seema Malik attended an IIT Delhi conference regarding emerging trends and policies in education. On the first day, she addressed a large gathering of school leaders about Annual Status of Education Report (ASER) over the years. The main focus of her talk was the dismal results of reading and mathematical skills in Indian schools. She also discussed the draft of NEP which talks about unburdening the children by cutting down the curriculum. Another aspect that was taken up was the need for early childhood policies of education. On the second day, she took a teachers' session on PISA (Program for international students assessment) results with special focus on Singapore, Finland and India. The workshop looked at the possibilities for India for PISA participation and improving our performance. The workshop was concluded on the note that although PISA cannot identify cause and effect relationships between policies and student outcomes, it can still show educators and policy makers the way forward

BOOK FAIR



To motivate the spirit of reading among the young generation, the library department along with Scholastic India organized a Book Fair from 23rd January to 25th January 2020 in the school premises. A wide range of books from all genres was displayed, and fiction saw the greatest takers. Stories play a vital role in the growth and development of children. Keeping this in mind, a storytelling session was also organized in our school for classes 1 and 2. The resource person of the day was Ms Sonia, an educator, counsellor, a theatre enthusiastic storyteller. In her session, she lured the students by narrating the story of 'The naughty dragon' written by Ms Paro Anand and Ms Sarah Rose which kept them engrossed and transported them into the magical world. It was a flavoursome treat for passionate book lovers where everyone tasted their choice of delicacies.





PROHIBITION OF ELECTRONIC CIGARETTES

E-cigarettes typically contain nicotine as well as other chemicals that expose the respiratory systems to potentially harmful chemicals, the ultrafine particles that can be inhaled deep into the lungs, diacetyl - a chemical linked to a serious lung disease, volatile organic compounds such as benzene, which is found in car exhaust; and heavy metals, such as nickel, tin, and lead. The students of class X were sensitized not to do experimentation or be lured by friends even if they are stressed or for the sake of fun.



THALASSEMIA AWARENESS

A session on 'Thalassemia Awareness' was held in school for the students of classes VIII and IX to give them an overview of the disease and its prevention. 'Thalassemia Major' is a genetic disorder, passed from parents to children. Thalassemia carriers are common in general population. All the Thalassemia Major births can be completely prevented through awareness and timely screening. The session was conducted by Dr. Saikia who spoke on 'What is Thalassemia', its cause and prevention and the various myths regarding the disease. The session aimed at spreading awareness about Thalassemia and the need to be alert and well-informed about this inherited blood disorder.

YOU MATTER...

IT TRAINING ON GRAPHS AND WORKSHOP

A two-day training program was organized by Ms. Pooja Dhingra, HoD, IT for the entire staff wherein 22 teachers of Primary Department participated on Day One, and on the Second Day 27 teachers undertook the training. The program began with introduction and need of charts/graphs, followed by types of charts. The teachers were asked to download 'QR scanner' app or use 'Google lens' to open google form viz. '10 facts questionnaire'. Through the said activity, they learnt about data collection and were told about analysis of data through Excel, which is the base of graph designing.



They were requested to save the files with their names to ensure individual completion of allocated task. Later in the session, the teachers were provided with real time data viz. Class XI 2018-19 result analysis and were asked to make charts as desired by Admin at the end of each academic session. Both the days ended with hands- on session on "Workshop Report Formatting". The concepts explained in the 'Three- day IT training' organized in summer, were recapitulated. Most of the teachers had a positive feedback about the learning and requested for continuous training on other topics as well.

PREVENTION AND CONTROL OF SUBSTANCE ABUSE

A workshop on 'Prevention and Control of Substance Abuse in Children' was conducted for the students of class X on 10 December, 2019. More targeted prevention programmes are organised to address the students who are at risk for substance abuse, school, home, and community aspects of students' lives.

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LOHRI CELEBRATION

Lohri, the harvest festival was celebrated in School with exuberance and fanfare on 13th January 2020. The mood was upbeat and the little ones actively immersed in the festive spirit as they participated in the sponge dabbing activity. The displays on the bulletin boards narrated the significance of the festival. Later in the day, students and teachers gathered in the school play ground where a bonfire was lit. Folk songs and drum beats were played to bring in the festive mood and soon everybody joined in the energetic rhythm. Peanuts, popcorn and gajak were handed out to the great delight of the children. While some offered these in the holy fire, others happily munched on them. A nice way to spread good cheer and welcome the New Year!

ENGLISH STORY TELLING COMPETITION

Storytelling opens up the vivid imaginations that run in child's mind. It is often used as an instrument to imbibe values, build confidence, and enhance speaking skills. To acknowledge and showcase our love for stories, the Montessori wing organized 'English Story Telling Activity' for the students of Nursery and K.G classes on 25th November 2019. The young storytellers came forth with wonderful stories and narrated them using different props. It was a wonderful opportunity and an amazing experience for the young storytellers as they explored their creative abilities.





A special assembly was organized by Gandhi House for classes III to VI on 24 December 2019 to celebrate the festival of Christmas. The students of class VI C showcased a skit based on Clement C Moore's - 'The Night before Christmas'. The students spoke the dialogues confidently in their fascinating colorful attires. Traditional carols were sung by our young choir, getting everybody into the spirit of Christmas. During the assembly, Santa appeared armed with sweets and gifts for one and all and left the children ecstatic, while Santa thoroughly enjoyed the attention. The Principal, Ms. Seema Malik in her address wished the students a Merry Christmas and a Happy New Year 2020!

CHRISTMAS CELEBRATION

The Pre-Primary wing wore a festive look as they celebrated the festival with enthusiasm on December 24, 2019. The significance of the festival was explained to the students through the Christmas story. The students shared cupcakes, chocolates and toffees with each other. In keeping with the Christmas spirit, the whole Pre-primary was festooned with colorful decorations and students were dressed in red and white outfits (Santa's favourite colours). The whole school echoed with the holy hymns as the students sang melodious carols songs and danced joyfully too. The delight was uncontained especially as Santa made a grand entry and surprised the children with sweets. The day ended on a happy note with children imbibing the true message of Christmas - love, joy and goodwill to all.



ENVIRONMENTAL PROTECTION

To sensitize our students about the need to protect our deteriorating environment due to human activities, a workshop on “Environmental Protection” was conducted for the students of classes I to V on 5 February, 2020 in the school premises. A video was shown to the students to raise awareness about the different types of bio-degradable and non-bio-degradable waste, importance of waste segregation, waste management and the need to promote and follow 3R's, i.e., Reduce, Reuse and Recycle. Thereafter, to reinforce the concept, a small activity was also conducted wherein the students segregated bio-degradable and non-bio-degradable waste into different bins. Thus, the students were motivated to initiate small steps to make our Earth a cleaner, healthier and greener place to live in.



HEARTFULNESS ESSAY EVENT

An essay event was conducted in the month of September 2019 in the school which saw a mass participation of students from classes IX to XII. The topic provided to the students was- ‘The Measure of Intelligence is the Ability to Change’ and much to the pride of the school, Vidusi Saxena of class XII won the third position at the state level for the English category. The award ceremony was held on 26th January 2020 in RK Puram Heartfulness Meditation Center. Mrs. Foroogh Foyouzat, Deputy Representative of UNICEF India was invited to grace the occasion. A ‘magic show’ was also held, based on the concept of unleashing the magic within, in which children left everyone spellbound by showing total control over the ‘right side’ of their brain (responsible for our imagination, creativity and intuition), which helped them know the colour of objects and the content of written texts on paper, for example, completely blindfolded. A few participants shared their personal experience too, making it a highly fulfilling experience for all both creatively and spiritually.



THE PINNACLE OF HUMAN CREATIVITY...

MATH AND ART EXHIBITION



Mathematics and Art are an integral part of our daily lives. To help the students build up different mathematical skills, concepts and show the interconnection of different subjects with Mathematics and Art, an Exhibition- 'We Are The World' was held in the school ground on 7th December 2019. The guest, Dr. Hukum Singh, Professor of Mathematics, encouraged the students to drop the fear of Mathematics and learn it through Hands on experience.



Enthusiastic students were bubbling with energy to reveal the nuances of a Smart City, Insurance Sector, Stock Market and many other such concepts to all who entered their domain. Multifarious models like that of Augmented Reality...Virtual Reality, STEM Projects etc., were captivating and raised everyone's curiosity.



Mathematics in architecture was one of the fascinating corners in the Mathematics exhibition. The topic encompassed mathematical facts related to the design and stability of monument structures, such as the Eiffel Tower. The students explained the technological advancements which led to an ease in banking transactions. The knowledge possessed by the tiny tots while showcasing shapes, fashion show, fraction express, tangram, Salwan souk and yoga was the talk of the day. The Chinese Art section of the exhibition mesmerized the spectators with the vibrant hues. A mesmerizing and immersive animation brought the story of the scroll and its historical figures to life in intricate detail. This endeavor provided the students with a platform to exhibit their innovations that are but dreams hiding in their consciousness thus proving that Math and Art are the blood of the future.



31ST ROAD SAFETY WEEK

The 31st National Road Safety week was organised by Ministry of Road, Transport and Highways on 13 January, 2020 at Vigyan Bhawan, New Delhi. 36 students along with two teachers attended the programme. The theme of this year's programme was "Bringing change through Youth Power" to bring awareness about the Traffic laws and reduce road accidents. Shri Nitin Gadkari Hon'ble Minister Road, Transport and Highways, Hon'ble Defence Minister of India, V. K. Singh, Minister of State for Road Transport and Highways, Road and Transport, Tamil Nadu state minister Vijaya Bhaskar were the dignitaries present. On the occasion, the Defence Minister, Rajnath Singh awarded Tamil Nadu, as the best performing state in reducing road accidents. Later on, a Quiz was organised on Road Safety wherein two of our students and teacher bagged prizes.



INTERACTION OF CHIEF MINISTER ON 'SEXUAL VIOLENCE AGAINST WOMEN'

The Directorate of Education and Government of NCT organized a campaign against 'Sexual Violence'. Shri. Arvind Kejriwal, the Hon'ble Chief Minister, GNCT of Delhi interacted with the students of Government, Government Aided and Private Schools on 23rd December 2019 at 11:30 am from SKV Shakti Nagar- No.I (ID-1207036) in a live streaming programme. They got an opportunity to interact with Shri. Manish Sisodia, the deputy Chief Minister also. The programme aims to provide young leaders an opportunity to bridge the gaps between government and students by discussing the common cases of sexual violence against women.



ARMY TRAINING ESTABLISHMENTS AND HISTORICAL MONUMENTS

The Educational Tour to the College of Military Engineering (CME), Kirkee and National Defence Academy (NDA), Kharagwasla in Pune, Armoured Corps Centre & School, Ahmednagar and Ellora Caves, Aurangabad was organized for the students of Salwan Schools, under the aegis of SET. Led by Brig. (Dr.) A.K. Tyagi, Director SPS Mayur Vihar, the tour had 29 students, accompanied by two teachers from 3rd January to 9th January. They visited premier Defence Training Establishments, like NDA, CME and ACC & S and closely observed the life of NDA Cadets and Men in olive green. Demonstration of Engineers equipment, laying of different types of bridges in record time against all the odds, laying and breaching of mines with precision, etc. have been registered in the memory lanes of students. Live firing by Tanks and Mechanised Infantry Personnel Vehicles was the most thrilling experience for all. Cavaliers Tank Museum houses the Tanks and other Equipment, some of them of First World War vintage. Patton Tank captured from Pak Army attracted the attention of all. The bumpy tank ride, arranged at Ahmednagar left the students thrilled! Overall, it was an educative and thrilling experience for all!



WWF CARNIVAL AND PAN INDIA ONLINE QUIZ

WWF (Wild Wisdom Fund) hosted a fun-filled Wild Wisdom Carnival and Prize distribution ceremony at Lodhi Road, New Delhi on 19th November 2019. Our students participated in the carnival and won prizes in different educational activities and games organized by WWF. They took part in activities like puzzles, visual quiz, Painting etc. They also relished a variety of snacks and had a gala time during the carnival. Kushagra Khanna of class XI from our school got 4th prize in Pan India WWF online Quiz organized by WWF and made us proud. He was awarded a prize from none other than Cyrus Sahukar, the renowned quiz master. Overall it was fun-filled learning about our environment.

